

Commence in Shadow Hold facing LOD, man's LH to lady's LH.

MAN'S STEPS**TWO WALKS – ZIG ZAG – LOCKSTEP – FORWARD TWINKLE, BACK TWINKLE**

- 1) LF fwd down LOD, RF fwd (SS)
- 2) LF fwd down LOD. Turning slightly L, RF to side diag wall. LF back diag wall against LOD, leaving RF extended diag centre (QQS)
- 3) RF fwd diag centre, cross LF behind RF, RF fwd (QQS)
- 4) Releasing hold, LF fwd. Turning R, RF closes to LF, LF back against LOD, RF closes to LF, adopting Closed Hold in Promenade Position (QQQQ)

TWO WALKS – NATURAL FALLAWAY – OUTWARD TURN – SWAY TO R AND RECOVER

- 5) LF fwd down LOD, RF fwd and across in CBMP, starting to turn R (SS)
- 6) LF to side and slightly back, still turning R, RF back diag wall, LF back small step. Turning R on ball of LF, RF brushes to LF, to end facing LOD, adopting Double Hold in Promenade Position (QQS)
- 7) RF fwd down LOD. releasing hold, turning strongly R, LF to side down LOD. Still turning R, RF to side down LOD, LF closes to RF, adopting Double Hold (QQQQ)
- 8) RF to side along LOD (Sway to R), recover weight to LF, leaving RF extended (SS)

STEP AND POINT – CROSSING SIDES (LADY UNDERARM TURN) WITH POINT – TWO WALKS AND CHECK (LADY ZIG ZAG) – OUTSIDE SWIVEL TO CLOSED HOLD

- 9) In Promenade Position and CBMP, RF fwd down LOD, point LF fwd (SS)
- 10) Releasing RH hold, LF fwd diag centre, RF fwd turning slightly R, leading lady to turn under raised L arm. LF fwd down LOD. Adopting Double Hold, point RF diag centre in CBMP (QQQQ)
- 11) Turning slightly R, RF fwd, LF fwd diag wall, RF fwd diag wall (Check) (QQS)
- 12) Releasing RH hold, LF back diag centre against LOD. Adopting Closed Hold, cross RF loosely over LF, RF fwd along LOD, LF brushes to RF (QQQQ)

TWO WALKS – PROMENADE TURN – WALK TO CHECK – TURNING 4 STEP

- 13) LF fwd down LOD. RF fwd and across in CBMP, starting to turn R (SS)
- 14) Turning strongly R, LF fwd down LOD. RF closes to LF in Promenade Position down LOD (QQQQ)
- 15) LF fwd, RF fwd to check with slight sway forward (SS)
- 16) Releasing hold, LF back against LOD. RF back, LF back, RF closes to LF, adopting Shadow Hold (QQQQ)

Commence in Shadow Hold facing LOD, man's LH to lady's LH.

LADY'S STEPS**TWO WALKS – ZIG ZAG – LOCKSTEP – FORWARD TWINKLE, BACK TWINKLE**

- 1) LF fwd down LOD, RF fwd (SS)
- 2) LF fwd LOD. Turning slightly L, RF to side to diag wall, LF back against LOD, leaving RF extended diag centre (QQS)
- 3) RF fwd diag centre, cross LF behind RF, RF fwd (QQS)
- 4) Releasing hold, LF fwd. Turning L, RF closes to LF, LF back against LOD, RF brushes to LF, adopting Closed Hold in Promenade Position (QQQQ)

TWO WALKS – NATURAL FALLAWAY – OUTWARD TURN – SWAY TO R AND RECOVER

- 5) RF fwd down LOD, LF fwd (SS)
- 6) Starting to turn R, RF fwd between man's feet. LF back diag centre, RF back small step. Turning L on ball of RF, LF brushes to RF, to end facing LOD, adopting Double Hold in Promenade Position (QQS)
- 7) LF fwd down LOD. releasing hold, turning strongly L, RF to side down LOD. Still turning L, LF to side down LOD, RF closes to LF, adopting Double Hold (QQQQ)
- 8) LF to side along LOD (Sway to L), recover weight to RF, leaving LF extended (SS)

STEP AND POINT – CROSSING SIDES (LADY UNDERARM) WITH POINT – TWO WALKS AND CHECK (LADY ZIG ZAG) – OUTSIDE SWIVEL TO CLOSED HOLD

- 9) In Promenade Position and CBMP, LF fwd down LOD, point RF fwd (SS)
- 10) Releasing LH hold, RF fwd diag wall, LF fwd, turning slightly L under raised RH to LH hold. RF fwd down LOD. Adopting Double Hold, point LF diag centre in CBMP (QQQQ)
- 11) LF fwd down LOD, starting to turn L. Still turning L, RF to side along LOD, LF back diag wall in Fallaway Position (QQS)
- 12) Releasing LH hold, RF fwd diag centre against LOD. Adopting Closed Hold, LF brushes to RF, turning R (Swivel). LF fwd down LOD, RF closes to LF without weight (QQQQ)

TWO WALKS – PROMENADE TURN – WALK TO CHECK – TURNING 4 STEP

- 13) RF fwd down LOD, LF fwd (SS)
- 14) RF fwd between man's feet. Turning strongly R, LF back diag wall, RF fwd, LF closes to RF in Promenade Position, facing LOD (QQQQ)
- 15) RF fwd down LOD, LF fwd to check with slight sway fwd (SS)
- 16) Releasing hold, RF back against LOD. Turning strongly L, LF to side against LOD, RF fwd against LOD, LF closes to RF without weight, to end in Shadow Hold, facing LOD (QQQQ)