

Commence in Handshake Hold, man facing LOD. Timing throughout 234&1.

MAN'S STEPS

BASIC – TOP TO FACE CENTRE – NEW YORK DOWN LOD – NEW YORK AGAINST LOD, CHANGING SIDES

- 1) LF fwd down LOD, replace weight to RF, chasse LRL to side.
- 2) Adopting Closed Hold, turning R, RF behind LF toe to heel, LF to side. Still turning to face centre, chasse RLR along LOD.
- 3) Releasing hold, join LH to RH hold. Turning R, LF fwd and across down LOD, replace weight to RF, chasse LRL ag LOD.
- 4) Releasing hold, join RH to LH hold. Turning L, RF fwd and across ag LOD. Replace weight to LF, releasing hold, chasse RLR to centre, passing behind lady.

SPOT TURN AGAINST LOD – SPOT TURN DOWN LOD – BASIC – ALEMANA

- 5) LF fwd and across to centre, turning R to face wall, replace weight to RF, chasse LRL along. LOD.
- 6) RF fwd and across down LOD, turning L. Replace weight to LF, still turning to face wall. Chasse RLR ag LOD, adopting Handshake Hold.
- 7) LF fwd to wall, replace weight to RF, chasse LRL along LOD.
- 8) Raising RH to turn lady underarm, RF back to centre, replace weight to LF. Turning L, chasse RLR to wall, facing LOD on lady's R side.

TURKISH TOWEL – TURKISH TOWEL – FORWARD LOCK (LADY SPIRAL TURN TO SHADOW) - SWEETHEART

- 9) Joining LH to LH, LF back ag LOD, replace weight to RF, chasse LRL to centre, passing in front of lady.
- 10) RF back ag LOD, replace weight to LF, chasse RLR to wall, passing in front of lady.
- 11) Releasing RH hold, LF back ag LOD, replace weight to RF. Releasing RH hold, LF fwd down LOD, cross RF loosely behind LF, LF fwd, RH on lady's R hip.
- 12) RF back ag LOD, replace weight to LF, chasse RLR to wall, passing behind lady, raising RH and placing LH on lady's L hip.

SWEETHEART – HIP TWIST – FORWARD CHASSE IN LEFT SIDES POSITION – FORWARD CHASSE IN RIGHT SIDES POSITION

- 13) LF back ag LOD, replace weight to RF, chasse LRL to centre, passing behind lady, raising LH and placing RH on lady's R hip.
- 14) Releasing RH hold, RF back ag LOD, replace weight to LF leading lady to turn. RF fwd down LOD, cross LF loosely behind RF, RF fwd.
- 15) Releasing hold, join LH to LH. Turning slightly R, LF fwd down LOD, place R toe to L heel. With L hip to L hip, chasse LRL down LOD.
- 16) Releasing hold, turning slightly L, join RH to RH. RF fwd down LOD, place L toe to R heel. With R hip to R hip, chasse RLR down LOD.

Commence in Handshake Hold, man facing LOD. Timing throughout 234&1.

LADY'S STEPS

BASIC – TOP TO FACE CENTRE – NEW YORK DOWN LOD – NEW YORK AGAINST LOD, CHANGING SIDES

- 1) RF back down LOD, replace weight to LF, chasse RLR to side.
- 2) Adopting Closed Hold, turning R LF fwd, RF to side. Still turning to end facing wall, chasse LRL along LOD.
- 3) Releasing hold, join RH to LH hold. Turning L, RF fwd and across down LOD, replace weight to LF, chasse RLR ag LOD.
- 4) Releasing hold, join RH to LH hold. Turning R, LF fwd and across ag LOD, replace weight to RF. Releasing hold, chasse LRL to wall, passing in front of man.

SPOT TURN AGAINST LOD – SPOT TURN DOWN LOD – BASIC – ALEMANA

- 5) RF fwd and across to wall, turning L. Replace weight to LF, chasse RLR along LOD facing centre.
- 6) LF fwd and across down LOD, turning R. Replace weight to RF, still turning L to face centre. Chasse LRL ag LOD, adopting handshake Hold.
- 7) RF back to wall, replace weight to LF, chasse RLR to side.
- 8) Raising RH, LF fwd and across down LOD. Turning strongly R under raised RHs, RF fwd ag LOD. Still turning, chasse LRL to side to centre, passing behind man to face LOD on man's L side.

TURKISH TOWEL – TURKISH TOWEL – FORWARD LOCK (LADY SPIRAL TURN TO SHADOW) – SWEETHEART

- 9) Joining LH to LH, RF fwd down LOD, replace weight to LF, chasse RLR to wall, passing behind man.
- 10) LF fwd down LOD, replace weight to RF, chasse LRL to centre, passing behind man.
- 11) Releasing RH hold, LF fwd diag wall. Turning strongly R, LF to side to wall, crossing RF loosely in front of LF without weight to end on man's R side facing LOD.
- 12) LF fwd down LOD, replace weight to RF. Chasse LRL to centre, passing in front of man, raising RH and placing LH on L hip.

SWEETHEART – HIP TWIST – FORWARD CHASSE IN LEFT SIDES POSITION – FORWARD CHASSE IN RIGHT SIDES POSITION

- 13) RF fwd down LOD, replace weight to LF. Chasse RLR to wall, passing in front of man, raising LH and placing RH on hip.
- 14) Releasing RH hold, LF fwd down LOD. Turning strongly L, RF back down LOD. LF back, cross RF loosely in front of LF, RF back.
- 15) Releasing hold, join LH to LH. Turning slightly L, RF back down LOD, place L heel to R toe. With L hip to L hip, chasse RLR down LOD.
- 16) Releasing hold, join RH to RH. Turning slightly R, LF back down LOD, place R heel to L toe. With R hip to R hip, chasse LRL down LOD.