

Commence in Handshake Hold, man facing wall. Timing throughout 234&1.

MAN'S STEPS

BASIC – ALEMANA – TURKISH TOWEL – TURKISH TOWEL

- 1) LF fwd to wall, replace weight to RF. Chasse RLR to side along LOD.
- 2) Raising RH to turn lady underarm, RF back to centre, replace weight to LF. Turning L, to face LOD, chasse RLR side to wall, passing in front of lady.
- 3) Joining LH to LH, LF back ag LOD, replace weight to RF. Chasse LRL to centre, passing in front of lady.
- 4) RF back ag LOD, replace weight to RF. Chasse RLR to wall, passing in front of lady.

ALTERNATE BASIC (LADY SPIRAL TO SHADOW) – LEFT CHA CHA LOCKSTEP, RIGHT CHA CHA LOCKSTEP – CHECK DIAGONAL WALL – SPOT TURN TO TANDEM POSITION

- 5) Releasing RH hold, LFG back ag LOD, replace weight to RF. LF fwd down LOD, RF closes to LF, placing RH on lady's shoulder blade (2341)
- 6) LF fwd down LOD, RF crosses behind LF, LF fwd. RF fwd down LOD, LF crosses behind RF, RF fwd (2&3, 4&1)
- 7) LF fwd diag wall (Check), replace weight to RF, chasse LRL to centre.
- 8) Releasing hold, RF fwd and across LF to centre, turning L. Replace weight to LF, chasse RLR ag LOD, now facing wall in Tandem Position behind lady.

LEFT ANKLE TAP, CHASSE – RIGHT ANKLE TAP, CHASSE – LF CHECK DIAG WALL AGAINST LOD – SPOT TURN

- 9) Tap LF to R ankle, tap LF to side, tap LF to R ankle, chasse LRL down LOD (&23,4&1)
- 10) Tap RF to L ankle, tap RF to side, tap RF to L ankle, chasse RLR ag LOD (&23, 4&1)
- 11) LF fwd diag wall ag LOD, replace weight to RF, chasse LRL down LOD.
- 12) Turning L, RF fwd and across down LOD. Still turning, replace weight to LF, chasse RLR ag LOD, adopting LH to RH hold.

BASIC – TOP – ROPE SPINNING

- 13) LF fwd to wall, replace weight to RF. LF to side, RF closes to LF, LF to side, turning slightly R to back diag centre, adopting Closed Hold.
- 14) RF behind LF, toe to heel, turning R. LF to side, still turning to face wall, chasse RLR ag LOD.
- 15) Releasing RH hold, LF fwd to wall, replace weight to RF. Chasse LRL down LOD.
- 16) RF back to centre, replace weight to LF. Chasse RLR ag LOD.

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LADY'S STEPS

BASIC – ALEMANA – TURKISH TWOEL – TURKISH TOWEL

- 1) RF back to wall, replace weight to LF. Chasse RLR down LOD.
- 2) LF fwd and across down LOD. Turning R under raised arms, RF fwd ag LOD. Still turning, chasse LRL to side to centre, passing behind man to face LOD.
- 3) Joining LH to LH, RF fwd down LOD on man's L side. Replace weight to LF, chasse RLR to wall, passing behind man.
- 4) LF fwd down LOD on man's R side, replace weight to RF, chasse LRL to centre, passing behind man.

ALTERNATE BASIC (LADY SPIRAL TO SHADOW) – LEFT CHA CHA LOCKSTEP, RIGHT CHA CHA LOCKSTEP – CHECK DIAGONAL WALL – SPOT TURN TO TANDEM POSITION

- 5) RF fwd diag wall, releasing RH hold. Turning strongly R, LF to side to wall, crossing RF loosely in front of LF without weight, to end on man's R side facing LOD in Shadow Position. RF fwd down LOD, LF crosses behind RF, RF fwd.
- 6) LF fwd down LOD, RF crosses behind LF, LF fwd. RF fwd down LOD, LF crosses behind RF, RF fwd (2&3, 4&1)
- 7) LF fwd diag wall (Check), replace weight to RF, chasse LRL to centre.
- 8) Releasing hold, RF fwd and across LF to centre. Turning L, replace weight to LF, chasse RLR ag LOD, now facing wall in Tandem Position in front of man.

LEFT ANKLE TAP, CHASSE – RIGHT ANKLE TAP, CHASSE – LF CHECK DIAG WALL AGAINST LOD – SPOT TURN

- 9) Tap LF to R ankle, tap LF to side, tap LF to R ankle, chasse LRL down LOD (&23, 4&1)
- 10) Tap RF to L ankle, tap RF to side, tap RF to L ankle, chasse RLR ag LOD (&23, 4&1)
- 11) LF fwd diag wall ag LOD, replace weight to RF, chasse LRL down LOD.
- 12) RF fwd and across down LOD. Turning to face centre, tap LF to RF without weight, chasse LRL ag LOD.

BASIC – TOP – ROPE SPINNING

- 13) RF back to wall, replace weight to LF, RF fwd, LF closes to RF, RF fwd between man's feet, turning R adopting Closed Hold.
- 14) Still turning R, LF to side, RF in front of LF, LF to side, RF closes to LF, LF to side now facing centre.
- 15) Releasing LH hold, RF fwd to centre raising RH hold. Circling man, passing R hip to R hip, LF fwd, RF fwd, LF crosses loosely behind RF, RF fwd down LOD.
- 16) Still circling R around man, LF fwd to wall, RF fwd diag wall ag LOD, Chasse LRL ag LOD, now facing centre adopting Handshake Hold.