Commence in Shadow Hold, both facing LOD.

MAN'S STEPS

2 WALKS - ZIG ZAG TO WALL - TURNING 4 STEP - 2 WALKS AGAINST LOD

- 1) LF fwd down LOD, RF fwd (SS)
- 2) Turning slightly R, LF fwd and across RF to wall. Turning slightly L, RF to side, LF back diag wall ag LOD. RF closes to LF (QQQ)
- 3) Releasing hold, turning L, LF fwd diag centre, RF back LOD, LF to side to wall, RF closes to LF on lady's R side, taking Right Shadow Hold(QQQQ)
- 4) LF fwd ag LOD, RF fwd (SS)

ZIG ZAG TO CENTRE - TURNING 4 STEP - SWAY TO CENTRE - SWAY TO WALL

- 5) Turning slightly R, LF fwd and across RF to centre. Turning slightly L, RF to side, LF back diag centre, RF closes to LF (QQQ)
- 6) Releasing hold, turning L, LF fwd diag wall ag LOD, RF back ag LOD, LF to side to centre, RF closes to LF on lady's L side, taking Left Shadow Hold (QQQQ)
- 7) LF to side to centre, flexing L knee (Sway), LF closes to RF (SS)
- 8) RF to side to wall, flexing R knee (Sway), RF closes to LF (SS)

2 WALKS – 3 STEP RUN TO CHECK – DOUBLE TWINKLE – FORWARD TOGETHER, SIDE TOGETHER (Lady Solo Turn)

- 9) LF fwd down LOD, RF fwd (SS)
- 10) LF fwd down LOD, RF fwd, LF fwd (Check) (OOS)
- 11) RF back ag LOD, LF closes to RF. RF fwd down LOD, LF closes to RF (QQQQ)
- 12) Releasing hold, lady turning, RF fwd down LOD. Turning R, LF closes to RF without weight to face wall. LF to side along LOD. RF closes to LF without weight in Double Hold (QQQQ)

ZIG ZAG TO OCPP WITH POINT – LEFT CHASSE AND CLOSE – (Lady Underarm Turn) – RIGHT CHASSE AND CLOSE (Lady Underarm Turn) – TURNING 4 STEP TO SHADOW HOLD

- 13) Turning slightly L, RF fwd and across LF down LOD. Turning slightly R, LF to side, RF back diag centre, Turning slightly L, point LF along LOD (QQQQ)
- 14) Releasing RH hold, LF to side along LOD raising LH. RF closes to LF, LF to side, RF closes to LF (lady turning under arm) (QQQQ)
- 15) RF to side ag LOD, LF closes to RF, RF to side, LF closes to RF (lady turns) (QQQQ)
- 16) Releasing hold, LF fwd to wall, RF to side and back. Turning L, LF to side to centre. RF closes to LF in Shadow Hold facing LOD (QQQ)

Commence in Shadow Hold, both facing LOD.

LADY'S STEPS

2 WALKS - ZIG ZAG TO WALL - TURNING 4 STEP - 2 WALKS AGAINST LOD

- 1) LF fwd down LOD, RF fwd (SS)
- 2) Turning slightly R, LF fwd and across RF to wall. Turning slightly L, RF to side, LF back diag wall ag LOD. RF closes to LF (QQQ)
- 3) Releasing hold, turning L, LF fwd diag centre, RF back LOD, LF to side to wall, RF closes to LF on man's L side, taking Right Shadow Hold (QQQQ)
- 4) LF fwd ag LOD, RF fwd (SS)

ZIG ZAG TO CENTRE - TURNING 4 STEP - SWAY TO CENTRE - SWAY TO WALL

- 5) Turning slightly R, LF fwd and across RF to centre. Turning slightly L, RF to side, LF back diag centre, RF closes to LF (QQQ)
- 6) Releasing hold, turning L, LF fwd diag wall ag LOD, RF back ag LOD, LF to side to centre, RF closes to LF on man's R side, taking Left Shadow Hold (QQQQ)
- 7) LF to side to centre, flexing L knee (Sway), LF closes to RF (SS)
- 8) RF to side to wall, flexing R knee (Sway), RF closes to LF (SS)

2 WALKS – 3 STEP RUN TO CHECK – DOUBLE TWINKLE – FORWARD TOGETHER, SIDE TOGETHER (Lady Solo Turn)

- 9) LF fwd down LOD, RF fwd (SS)
- 10) LF fwd down LOD, RF fwd, LF fwd (Check) (OOS)
- 11) RF back ag LOD, LF closes to RF. RF fwd down LOD, LF closes to RF (QQQQ)
- 12) RF fwd diag wall, turning R, LF to side along LOD. Still turning, RF to side along LOD, LF closes to RF without weight, adopting Double Hold (QQQQ)

ZIG ZAG TO OCPP WITH POINT – LEFT CHASSE AND CLOSE (Lady Underarm Turn) – RIGHT CHASSE AND CLOSE (Lady Underarm Turn) – TURNING FOUR STEP TO SHADOW HOLD

- 13) Turning slightly R, LF fwd and across RF down LOD. Turning slightly L, RF to side, LF back diag wall. Turning slightly R, RF point along LOD (QQQ)
- 14) Releasing LH hold, RF down LOD turning R under raised R arms. Turning R, LF to side along LOD. Still turning, RF to side along LOD, LF closes to RF facing centre (QQQQ)
- 15) LF to side ag LOD. Turning L under raised arms, RF to side ag LOD. Still turning, LF to side ag LOD. RF closes to LF, facing centre (QQQ)
- 16) Releasing hold, RF back to wall, LF to side and slightly forward, RF fwd to centre. Turning strongly R, LF closes to RF without weight, facing LOD in Shadow Hold (QQQQ)