Commence with man facing, lady backing wall. Lady's R hand in man's L hand. Count-2,3,4,1.

MAN'S STEPS

FORWARD BASIC – ALEMANA – OPENING OUT TO R – OPENING OUT TO L

- 1) LF fwd to wall, replace weight to RF back, LF to side.
- 2) RF back to centre raising L arm and leading lady to turn R under arm. Replace weight fwd to LF, raising R hand above lady's head to change hand hold so R hand joins lady's R hand, facing partner, RF to side.
- 3) Joining L hands at waist height, LF to side along LOD leading lady to open out to her R. Replace weight to RF (lady turning L). Close LF to RF facing partner.
- 4) RF to side against LOD (lady turning L), raising R arm and moving hand in circular arc overhead to brush behind man's head and left shoulder, releasing hand hold to extend R hand at shoulder height against LOD. Replace weight to LF, placing L hand on lady's back. Close RF to LF, facing partner.

OPENING OUT TO R – SPIRAL ACTION TO AIDA POSITION – 2 FORWARD CUBAN ROCKS AND SWITCH TURN – 3 WALKS

- 5) Opening out to L with LF to side along LOD (lady turning to R), releasing L hand hold and extending L arm. Replace weight to RF, move LF close to RF, turning body to face diag. wall and regaining L hand to R hand hold overhead.
- 6) RF fwd down LOD, leading lady to turn strongly L. LF fwd down LOD. Turning R, RF back down LOD in Aida position.
- 7) LF fwd against LOD with L shoulder leading. Transfer weight back to RF, transfer weight to LF fwd against LOD, turning to end facing diag. wall with RF and R arm extended against LOD.
- 8) Releasing hold, turning to face LOD in shadow position with R arm extended, RF fwd down LOD, LF fwd, RF fwd.

3 WALKS – 4to6 OPEN HIP TWIST TO FAN POSITION – HOCKEY STICK – SPIRAL TURN TO L

- 9) LF fwd down LOD, RF fwd, LF fwd.
- 10) Releasing hold, turning slightly R, RF back to diag. centre against LOD. Regaining L hand to lady's R hand hold, LF fwd to wall, replace weight to RF to side.
- 11) LF fwd, replace weight to RF, LF to side.
- 12) RF back. Raise L arm, leading lady to turn with spiral action. Replace weight to LF, RF to side.

ROPE SPINNING - CUCARACHA TO L - CUCARACHA TO R

- 13) LF to side along LOD raising L arm leading lady to circle R around, passing R hip to R hip. Passing under raised L arm, replace weight to RF along LOD, close LF to RF.
- 14) RF back to centre, lady still circling R. Replace weight to LF, RF to side, now facing partner.
- 15) Releasing hold, LF to side down LOD, replace weight to LF, close LF to RF.
- 16) RF to side against LOD, replace weight to LF, close RF to LF, joining L hand to lady's R hand.

Commence with man facing, lady backing wall. Lady's R hand in man's L hand. Count -2,3,4,1.

LADY'S STEPS

FORWARD BASIC - ALEMANA - OPENING OUT TO R - OPENING OUT TO L

- 1) RF back to wall, replace weight to LF fwd, RF small step to side.
- 2) LF fwd and across down LOD. Turning strongly R under man's raised arm, replace weight to RF as man changes hands overhead. LF small step to side against LOD.
- 3) Keeping joined R hands overhead, make ¾ turn to R with RF back to centre, man on L side with joined L hands at waist height in front of partner. Replace weight to LF fwd and turn L for small RF step to side along LOD, now backing wall.
- 4) Continuing to turn L, R hand passes over man's head to his shoulders before releasing hold. L hand hold released as ¾ turn is made to the L, with LF back to centre room and L arm extended at shoulder height. Replace weight to RF, turning R, small LF step to side against LOD, now backing wall.

OPENING OUT TO R – SPIRAL TO AIDA POSITION – 2 FORWARD CUBAN ROCKS AND SWITCH TURN – 3 WALKS

- 5) Turning strongly R, make ¾ turn to R with RF back to centre, L arm over partner's shoulders and R arm extended at shoulder height. Replace weight to LF fwd and turn L for small step to R along LOD, lady's R hand joining man's L hand overhead. Continuing to turn L, end with LF crossed loosely in front of RF without weight, facing wall.
- 6) Turning strongly L, LF fwd down LOD. Continuing to turn L, RF along LOD, LF back down LOD to Aida position.
- 7) RF fwd against LOD with R shoulder leading. Transfer weight back to LF, transfer weight to RF fwd against LOD, turning to end facing diag. centre with LF and L arm extended against LOD.
- 8) Releasing hold, turning to face LOD in R shadow position with R arm extended, LF fwd down LOD. RF fwd, LF fwd.

3 WALKS – 4to6 OPEN HIP TWIST TO FAN POSITION – HOCKEY STICK – SPIRAL TURN TO L

- 9) RF fwd down LOD, LF fwd, RF fwd.
- 10) LF fwd down LOD turning strongly L, RF back down LOD to fan position, LF small step back down LOD, lady's R hand now in man's L hand.
- 11) Close RF back to LF, LF fwd against LOD, RF fwd against LOD, raising R arm.
- 12) LF fwd against LOD, RF fwd against LOD whilst turning strongly L under man's raised arm with LF crossed loosely in front of RF. LF small step to centre to finish on man's R side with joined hands raised.

ROPE SPINNING – CUCARACHA TO L – CUCARACHA TO R

- 13) Commencing to turn R, RF fwd to diag. centre. Circling R around man with joined hands passing over man's head, LF fwd down LOD, RF fwd diag. wall.
- 14) Still circling R, LF fwd diag. wall against LOD, RF fwd against LOD, LF joins RF to end facing centre and partner.
- 15) Releasing hold, RF to side down LOD, replace weight to LF, close RF to LF.
- 16) LF to side against LOD, replace weight to RF, close LF to RF, joining R hand to man's L hand.