

Commence in Closed Hold, man facing LOD.

MAN'S STEPS

FORWARD BOX STEPS – DOUBLE CHASSE TO LEFT – SCOOP STEP

- 1) LF fwd LOD, RF to side to wall, LF closes to RF (SQQ)
- 2) RF back against LOD, LF to side, RF closes to LF (SQQ)
- 3) LF to side to centre, RF closes to LF, LF to side, RF closes to LF (QQQQ)
- 4) LF long step to centre, flexing L knee. RF closes to LF without weight (SS)

BACK BOX STEPS – DOUBLE CHASSE TO RIGHT – SCOOP STEP

- 5) RF back against LOD, LF to side to centre, RF closes to LF (SQQ)
- 6) LF fwd down LOD, RF to side, LF closes to RF (SQQ)
- 7) RF to side to wall, LF closes to RF, RF to side, LF closes to RF (QQQQ)
- 8) RF long step to wall, flexing R knee. LF closes to RF without weight (SS)

REVERSE TURN – REVERSE TURN TO OPEN HOLD – 2 WALKS – LF LOCKSTEP

- 9) LF fwd diag centre, commencing to turn L. RF to side along LOD, LF closes to RF, backing down LOD (SQQ)
- 10) Still turning, RF back down LOD, LF to side to centre releasing L hand hold. RF closes to LF facing LOD, releasing hold and taking lady's LH to man's RH in Open Hold (SQQ)
- 11) LF fwd down LOD, RF fwd (SS)
- 12) LF fwd, lock RF behind LF, LF fwd (QQS)

2 WALKS – RF LOCKSTEP – STEP, AERIAL – BACK, SIDE CLOSE (Lady turns)

- 13) RF fwd down LOD, LF fwd (SS)
- 14) RF fwd, lock LF behind RF, RF fwd (QQS)
- 15) LF fwd down LOD, swing RF fwd in low aerial (SS)
- 16) Releasing hold, RF back against LOD, LF to side to centre, close RF to LF, adopting Closed Hold facing LOD (SQQ)

Commence in Closed Hold, man facing LOD.

LADY'S STEPS

FORWARD BOX STEPS – DOUBLE CHASSE TO LEFT – SCOOP STEP

- 1) RF back down LOD, LF to side to wall, RF closes to LF (SQQ)
- 2) LF fwd against LOD, RF to side, LF closes to RF (SQQ)
- 3) RF to side to centre, LF closes to RF, RF to side, LF closes to RF (QQQQ)
- 4) RF long step to centre, flexing R knee. LF closes to RF without weight (SS)

BACK BOX STEPS – DOUBLE CHASSE TO RIGHT – SCOOP STEP

- 5) LF fwd against LOD, RF to side, LF closes to RF (SQQ)
- 6) RF back down LOD, LF to side, RF closes to LF (SQQ)
- 7) LF to side to wall, RF closes to LF, RF to side, LF closes to RF (QQQQ)
- 8) LF long step to wall, flexing L knee. RF closes to LF without weight (SS)

REVERSE TURN – REVERSE TURN TO OPEN HOLD – 2 WALKS – LF LOCKSTEP

- 9) RF back diag centre, commencing to turn L. LF to side along LOD. RF closes to LF, facing down LOD (SQQ)
- 10) Still turning, LF fwd down LOD, RF to side moving towards diag wall, releasing hold. LF closes to RF, facing LOD, taking man's LH to lady's RH in Open Hold (SQQ)
- 11) RF fwd down LOD, LF fwd (SS)
- 12) RF fwd, lock LF behind RF, RF fwd (QQS)

2 WALKS – RF LOCKSTEP – STEP, AERIAL – BACK, SIDE CLOSE (Lady turns)

- 13) LF fwd, RF fwd (SS)
- 14) LF fwd, lock RF behind LF, LF fwd (QQS)
- 15) RF fwd, swing LF fwd in low aerial (SS)
- 16) Turning L, LF fwd against LOD, RF to side to centre, close LF to RF, adopting Closed Hold backing LOD (SQQ)