

Commence in LH to RH hold, man facing LOD.

MAN'S STEPS

FORWARD BASIC – BACK BASIC (Lady Switch Turn) – FLICK AND RUN – PROGRESSIVE WALKS

- 1) LF fwd down LOD, replace weight to RF, LF almost closes to RF (QQS)
- 2) RF back, replace weight to LF (lady turns), RF almost closes to LF, taking Prom. Hold (QQS)
- 3) Flick LF back, LF fwd down LOD, RF fwd, LF fwd (QQQQ)
- 4) Releasing hold, RF fwd diag wall crossing in front of lady. Turning strongly R, LF to side to wall, RF fwd down LOD on lady's R side in Zorba Hold (QQS)

PROGRESSIVE WALKS – CUBAN BREAK – SPOT TURN – FORWARD BASIC

- 5) LF fwd small step down LOD, lady passing in front of man. RF fwd down LOD, releasing LH hold, LF fwd down LOD on lady's L side I Zorba Hold (QQS)
- 6) RF fwd and across body to diag centre, replace weight to LF. RF small step to wall, replace weight to LF (QQQQ)
- 7) Releasing hold, RF fwd and across to centre. Turning L, replace weight to LF, facing wall. RF almost closes to LF, taking LH to RH hold (QQS)
- 8) LF fwd to wall, replace weight to RF, LF almost closes to RF, taking Closed Hold (QQS)

CROSS BODY LEAD – FORWARD BASIC (Lady Back Basic into Spiral) – CROSS BODY LEAD – FORWARD BASIC

- 9) RF back to centre, replace weight to LF. Turning L, RF small step to side along LOD facing centre (QQS)
- 10) LF fwd to centre, replace weight to RF. Releasing RH hold, raising L arm to lead lady to turn, LF almost closes to RF (QQS)
- 11) RF back to wall, replace weight to LF, turning L. RF small step to side ag LOD facing wall (QQS)
- 12) LF fwd to wall, replace weight to RF, LF almost closes to RF (QQS)

OPEN HIP TWIST – FORWARD BASIC – ALEMANA – CUCARACHA

- 13) RF back diag centre ag LOD. Turning L, transfer weight to LF, RF to side and slightly fwd down LOD (QQS)
- 14) LF fwd down LOD, replace weight to RF, raising L arm to turn lady. LF small step to side to centre (QQS)
- 15) RF back ag LOD, replace weight to LF, RF almost closes to LF (QQS)
- 16) LF to side to centre, replace weight to RF, close LF to RF without weight (QQS)

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LADY'S STEPS**FORWARD BASIC – BACK BASIC (Lady Switch Turn) – FLICK AND RUN – PROGRESSIVE WALKS**

- 1) RF back down LOD, replace weight to LF, RF small step fwd on man's R side (QQS)
- 2) LF fwd, Turning strongly R, replace weight to RF facing LOD. LF closes to RF, taking Promenade Hold (QQS)
- 3) Flick RF back, RF fwd down LOD, LF fwd, RF fwd (QQQQ)
- 4) LF fwd small step, releasing hold. RF fwd as man crosses in front of lady, LF fwd on man's L side in Zorba Hold (QQS)

PROGRESSIVE WALKS – CUBAN BREAK – SPOT TURN – FORWARD BASIC

- 5) RF fwd diag wall passing in front of man, LF to side to wall releasing RH hold. Turning strongly R, RF fwd down LOD on man's R side in Zorba Hold (QQS)
- 6) LF fwd and across body to diag wall, replace weight back to RF. LF small step to centre, replace weight back to RF (QQQQ)
- 7) Releasing hold, LF fwd and across to wall. Turning R, replace weight to RF facing centre, LF almost closes to RF, taking RH to LH hold (QQS)
- 8) RF back to wall, replace weight to LF, RF fwd on man's L side, taking Closed Hold (QQS)

CROSS BODY LEAD – FORWARD BASIC (Lady Back Basic into Spiral) – CROSS BODY LEAD – FORWARD BASIC

- 9) LF fwd to centre on man's L side. Turning L, RF back diag centre, LF small step to side along LOD (QQS)
- 10) RF back to centre, replace weight to LF, releasing LH hold and raising R arm. RF fwd small step, With feet in place, turn L to end with LF crossed loosely in front of RF (Spiral) to face centre (QQS)
- 11) Continuing to turn L, LF fwd diag wall ag LOD. RF to wall, LF small step to side ag LOD, end facing centre (QQS)
- 12) RF back to wall, replace weight to LF, RF small step fwd diag centre (QQS)

OPEN HIP TWIST – FORWARD BASIC – ALEMANA – CUCARACHA

- 13) LF fwd and across to diag centre. Turning L, RF to side to centre, LF back down LOD (QQS)
- 14) RF back down LOD, replace weight to LF raising R arm. RF fwd diag centre ag LOD (QQS)
- 15) Turning strongly R under raised arms, LF fwd diag centre. Replace weigh to RF, LF almost closes to RF, facing ag LOD (QQS)
- 16) RF to side to centre, replace weight to LF, close RF to LF without weight (QQS)